

*Southside Christian School
Athletic Handbook 2023-24*



*Whatever you do, work at it with all your heart, as working for the Lord,
not for human masters, since you know that you will receive an inheritance
from the Lord as a reward. It is the Lord Christ you are serving.
Colossians 3:23-24 (ESV)*

Table of Contents

Philosophy, Mission, Objectives	4
Philosophy:	4
SCS Athletic Mission Statement:	4
Objectives:	4
Athletic Eligibility, Qualifications, and Guidelines	4
Academic Eligibility Requirements	4
Attendance Qualifications	5
Athletic Participation Fee	5
Enhancing Drugs and Supplements	6
Required Forms	6
Administrative Organization	6
Affiliation	6
Criteria for Adding Interscholastic Sports	7
Guidelines for Interscholastic Athletics	7
Undue Influence for Participation	7
Home School	7
Squad Selection	7
Overnight Contests	8
Return From Away Games and Tournament Play	8
Sunday Meetings	8
Accidents and Injuries	8
Scheduling Guidelines	9
General Guidelines	9
Facility Coordination	9
Cancellation of Contests	9
Equipment and Finances	9
Equipment Issues	9
Financial Issues	10
Transportation Guidelines	10
Transportation to & from the Game	10
Facilities	10
General	10
Student Athlete Responsibilities	11
Communication with Parent(s) or Guardian(s)	11
Investigative Procedure – Complaints Against a Coach	12

General Athletic Information	13
Athletic Awards	13
Award Guidelines	13
Athletic Dress	13
Athletic Injuries	13
Sportsmanship	14
Technical Fouls, Red Cards, and Ejections	14
Parent Guide	15
Parent Meetings	15
Concession and Gate Responsibilities	15
Sports Pictures	15
Closing Statement	15

Philosophy, Mission, Objectives

Philosophy:

The philosophy of Southside Christian School's athletic department is to provide a Christian environment for student athletes as they participate in competitive athletics. Careful instruction and guidance in sports techniques, strategies, and safety provide opportunities for student athletes to develop their skills while building good character and sportsmanship. SCS's Athletic Director and staff of qualified coaches draw from their experiences as they lead a broad scope of athletic programs for our athletes. The coaches serve as strong Christian role models, encouraging Christian principles and self-discipline in all facets of competition and practices. Each coach stands ready to provide guidance to student athletes in any area of athletic, academic, personal, or spiritual growth. SCS expects student athletes to place God first, family second, and academics before athletics. Student athletes are expected to abide by the eligibility rules and be leaders on and off the playing fields/courts.

SCS Athletic Mission Statement:

The Southside Christian School Athletic Department is committed to developing Christ-like character among our student athletes, while at the same time equipping and encouraging these student athletes to develop their God-given athletic abilities to their maximum potential.

Objectives:

The following are established objectives of our athletic program and should be an integral part of each coach's philosophy.

1. To openly share the Gospel so student athletes who do not know Christ as their personal Lord and Savior have an opportunity to accept Christ into their lives.
2. To provide opportunities for spiritual growth for each student athlete.
3. To honor and glorify Christ in everything we do (Col. 3:23-24).
4. To teach each student athlete the importance of being a testimony of Christ's love to all we come in contact with.
5. To maintain the highest level of Christian character on the athletic field or court.
6. To teach each student athlete to have respect for the authority that is present in his life.
7. To reach the parents of each athlete spiritually and get them involved in the ministry of SCS.
8. To complement the academic program with the athletic program.
9. To instill Biblical character traits in each athlete's life that he/she can use after his/her athletic career is completed.
10. To provide an opportunity for all student athletes to actively participate in a viable sports program and to provide them with qualified coaches and supervisors whose goal is to make them stronger Christians, better students, athletes, and citizens of their community.
11. To provide the school and community with an honorable, exciting, and enjoyable program demonstrating Biblical ideals of leadership and excellence.

Athletic Eligibility, Qualifications, and Guidelines

Academic Eligibility Requirements

One of the primary purposes of SCS is to provide an excellent education for our student athletes. At SCS, the academic life of a student is more important than their athletic life. Academics should be a priority to all student athletes. However, student athletes will be expected to fulfill their commitment on the athletic field as well as maintain a satisfactory academic standing. If a student athlete should have to leave school early on a game day, they should inform the teacher and arrange to make up an assignment.

The following criteria will be used to determine academic eligibility:

1. A student athlete will not be eligible to participate in co-curricular athletic activities if they have one F or two Ds in core subjects. Bible, PE/Health, and Foreign Language classes are included in core subjects at SCS.
 - o All student athletes are considered eligible at the beginning of every school year. Once a student athlete has been selected for a team, their grades will be checked at every progress report and report card.
2. Student athletes, who are not maintaining the minimum grade requirements at the time of the check, will become ineligible.
 - o When a student athlete becomes ineligible, they will not be able to play the next two games or any games occurring seven days after becoming ineligible, whichever is longer.
 - o After the initial period of ineligibility and upon talking to their teachers, the student may request from the AD another grade check. If the student no longer has one F or two Ds in core subjects, they will be deemed eligible.
 - o If a student athlete has not brought their grades up enough to become academically eligible by the next grade check, they will be required to meet with the AD to discuss eligibility for the rest of the season.
3. Ineligible student athletes must support the team by being present at all practices and home games. Ineligible student athletes cannot get out of school early to travel with the team. The NCCSA dress code must be worn when sitting on the sideline during games.
4. The Athletic Director and Upper School Principal must approve student athletes who show a pattern of being ineligible during the season before being added to the next season's roster.

Attendance Qualifications

1. All student athletes are expected to be at all scheduled practices and contests. Any absence must be pre-arranged with the coach. It will be at the coach's discretion to determine acceptable reasons for missing practices and games. Absenteeism may affect the student athletes' standing/position with the team. Continued unjustified or unexcused absenteeism will result in a suspension from the team.
2. Any student athlete who is not in school by **10:00 am** is ineligible to play or practice sports for that day. Exceptions to the school attendance policy include: funerals, doctors' appointments, and administrations' permission.

Athletic Participation Fee

SCS's Athletic Department requires each student athlete to pay a Participation Fee. This fee helps provide the monies needed to have a quality athletic program. Each family will be billed after the team rosters have been set. Fees are non-refundable after the first game regardless of eligibility or desire to continue. The exception to this policy is when a player sustains a major injury. Upon visiting the fees from years past, via the athletic handbook and financial statements, we have decided to implement a consistent fee for all student athletes.

Athletic Participation Fee 2023/24 - \$150.00

**All participation fees will be billed through your SCS FACTS account.*

Enhancing Drugs and Supplements

SCS does not condone the use of performance enhancing drugs or supplements, which may endanger the health of any student athlete. SCS follows the guidelines set forth by the American Academy of Sports Medicine, the National Federation of State High School Association, and the North Carolina High

School Athletic Association. SCS does not promote or advocate the use of any performance enhancing substance including:

- ◆ Anabolic androgenic steroids
- ◆ Human growth hormones
- ◆ Non-approved FDA medications
- ◆ Blood doping

We believe that it is hard work and commitment that allows the student athlete to achieve his/her physical goals. We teach that the use of any performance enhancing drug in the short term or in the long run, could cause damage or cause death to the athlete.

Required Forms

All student athletes must have the approved NCCSA Liability Waiver, physical, student athlete, and parent agreement, and the concussion forms signed and on file with the SCS Athletic Director before the first game. All forms can be found on the SCS website scswarriors.com under athletics.

Administrative Organization

Southside Christian School believes that following the chain of command is not only imperative for a successful program, but that it is a principle taught throughout the scriptures (Matthew 18). Should no resolution occur then the involved parties should take the conflict to the next level.

1. Head Coach or Assistant Coach
2. Athletic Director
3. Upper School Principal
4. Head of School
5. School Board

Affiliation

NCCSA – SCS has been approved as of February of 2022 for membership by the NCCSA. SCS will compete in the East 2A Region.

Interscholastic Athletics

1. Fall Sports
 - a. Soccer – Boys Middle School (6-8th)
 - b. Soccer – Boys Varsity (9-12th)
 - c. Volleyball – Girls Middle School (6-8th)
 - d. Volleyball – Girls Junior Varsity (9th-10th)
 - e. Volleyball – Girls Varsity (9-12th)
 - f. Cross Country – Coed (6th-12th)
2. Winter Sports
 - a. Basketball – Boys Middle School (6-8th)
 - b. Basketball – Boys Varsity (9-12th)
 - c. Basketball – Girls Middle School (6-8th)
 - d. Basketball – Girls Varsity (9-12th)
 - e. Swimming – Co-Ed Varsity (6-12th)
3. Spring Sports
 - a. Soccer – Girls Middle School (6-8th)
 - b. Soccer – Girls Varsity (9-12th)
 - c. Baseball – Boys Varsity (9-12th)
 - d. Baseball – Boys Middle School (6-8th)

e. Golf – Co-Ed Varsity (6-12th)

Criteria for Adding Interscholastic Sports

The following criteria will be considered in depth prior to the addition of any interscholastic sports:

1. Funding – Funding must be made available through the SCS operational budget. Current sports or the level of current sports will not be cut in order to add additional sports or levels of sports.
2. The sport, by its nature, must be a competitive athletic activity, which requires a high level of physical conditioning, training, and skill.
3. Athletic Framework – Organized competition, adequate facilities, competent coaches, and opportunities for growth are all factors that will be considered.
4. Equal Opportunity – Priority will be given to those sports that best equalize the opportunities for girls and boys.

Guidelines for Interscholastic Athletics

Undue Influence for Participation

- A. It is the philosophy of the Athletic Department that the athlete shall enjoy as many sports seasons as the student athlete and his or her parents wish without influence from any coach to specialize in one sport. All coaches should encourage participation in other sports.
- B. If a player is dismissed from a team for disciplinary reasons or quits a team during the season, he or she will need to have a conversation with the AD before being allowed to try out for the following season. Quitting may prevent a student from participating in sports.

Home School

Home School students at the middle school and JV levels that desire to participate in SCS athletics will be able to participate in certain situations. Home School student athletes must follow the NCCSA home School policy.

Gender Exclusive Teams

SCS does not allow student athletes to play on gender exclusive teams that do not align with their biological gender assigned by God in accordance with the chromosomal DNA. For example, girls cannot play on the boys' baseball team.

Squad Selection

- A. Philosophy – In accordance with our philosophy of athletics and our desire to see as many students as possible participate in the athletic program, we encourage coaches to keep as many team members as they can without unbalancing the integrity of their sport. Obviously, time, space, facilities, and other factors will place limitations on the most effective squad size for any particular sport. However, coaches should strive to maximize the opportunities for students without diluting the quality of the program.
- B. Cutting Policies
 1. Responsibility
 - a. Choosing the members of the team is the sole responsibility of the coaches.
 - b. Prior to trying out, the coach will provide the following information to all team candidates and their parent(s) and guardian(s):
 1. Extent of a try-out period
 2. Criteria used to select the team
 3. Practice, in-season and off-season commitment if they make the team
 4. Game commitments
 2. Procedure
 - a. The Athletic Director must sign off on every final roster before it is posted.

- b. Coaches will discuss alternative possibilities for participation in the sport or other areas of the athletic program.
- c. If a coach foresees difficulties arising as a result of squad cuts, he or she should discuss the situation with the Athletic Director.

C. Junior Varsity Guidelines

1. When talent and need warrant, any 7th or 8th grade student athlete may be placed on the Junior Varsity and/or Varsity roster for competition; however, they are not allowed to participate in a middle school and high school game on the same day.
 - a. Student athletes cannot play more than 36 minutes total per day in basketball.
 - b. Soccer players cannot play more than 80 minutes of soccer per day (equivalent to two halves). This time restriction does not apply to any overtime play.
 - c. If a student athlete plays both junior varsity and varsity volleyball, they cannot start on varsity. The student athlete can play junior varsity unlimited; however, this player may play in only three of the six rotations at the varsity level.
 - d. Overtime does not count toward the total time allowed.

Overnight Contests

When members of the coaching staff are of the opposite sex of team members, the head coach must provide a sponsor or chaperone for overnight trips. The head coach must notify the school administration with the name of the designated sponsor or chaperone. It is also encouraged that the head coach provides a sponsor or chaperone on all trips. **All sponsors/chaperones must complete background screening prior to chaperoning a trip.** Therefore, a minimum of a 1-week notice must be given to allow time to process and approve. For tournaments that require an overnight stay, SCS will reserve and pay for hotel accommodations that will need to be reimbursed by the parents. Parents wishing to make alternative arrangements need to talk to the coach of the team.

Return From Away Games and Tournament Play

Teams playing in tournaments will be expected to return to SCS the day of the contest, if eliminated, or immediately after the conclusion of a championship event. The Athletic Director may consult with the Upper School Principal to make an exception to this rule pending mode of transportation or other special circumstances.

Late Returns

Sunday Meetings

Any practice, meeting, film session, or organized activity involving any player or players on Sunday is prohibited unless permission is received from **the Upper School Principal**.

Accidents and Injuries

Coaches need to notify the Athletic Director and parents immediately of any potentially serious injuries. Any time an athlete is injured there must be an accident form filled out and on file with the Athletic Director by the start of the next school day. The accident form is necessary, even if the injured person does not go to the doctor or hospital. It is the responsibility of the Athletic office to have a supply of Accident Forms.

Priority Given To School Sanctioned Programs

The Southside Athletic program must take precedence over any other outside activity, including recreation, youth, or AAU leagues. While we do not discourage participation in other leagues, **we insist that SCS games, practices, and other team functions have first priority.**

Missing practices and games for any reason other than sickness or family emergencies will result in missed playing time. All absences excused or otherwise should be communicated to the coach ahead of time.

Scheduling Guidelines

General Guidelines

- A. The Athletic Director will schedule all athletic contests and practices.
- B. No coach will schedule one-on-one workouts without prior permission from the AD and students' parents. Workouts must be in visible, public locations.
- C. No coach will change the date, time, or site of a scheduled athletic practice or contest unless it is due to weather related issues or concerns such as the heat index or inclement weather that would cause potential safety issues to the athletes and coaches without prior approval from the AD.
- D. Wednesday Practices: Will be allowed if a team qualifies for the state tournament in a particular sport. However, these practices are to be finished by 5:30 p.m. The Upper School Principal may grant permission for early practice times if warranted by having multiple teams in tournament play.

Facility Coordination

- A. The scheduling and coordinating of practice schedules for teams to use the gym limit the needed use of court time. Each coach must value his/her time on the court to best prepare his/her team for competition.
- B. Coaches must also realize that off-court preparation (team meetings, devotionals, and chalk talks) is also an intricate part of the success of any team.
- C. Flexibility is possible in scheduling practices if teams are traveling or when teams may need only half the gym for practice.

Cancellation of Contests

- A. The Athletic Director will handle all cancellations of games.
- B. The Athletic Director will at once contact the athletic director/coach of the opposing team, officials, and facilities.
- C. The Coaches will communicate with SCS families.

Equipment and Finances

Equipment Issues

The head coach is responsible for all equipment. The responsibility includes but is not limited to, collecting all equipment at the conclusion of the season, taking inventory, storing all equipment in a safe place on the Upper School Campus, having the athletic director verify the inventory, and submitting new equipment requests to the AD. Each coach must maintain accurate records.

- A. School purchased equipment or uniforms cannot be given away or sold without the express permission of the Athletic Director.
- B. In-Season Care of Equipment & Uniforms
 - 1. At the end of a season, all equipment and uniforms must be turned into the school office within one week. **If the equipment and uniforms are not returned by the student within one week of the end of a season, then a \$50 fine will be assessed. Student athletes that do not return the uniform or equipment after two weeks will be charged the full replacement cost on top of the \$50 fine.**
 - 2. Repair of equipment must be done at the end of each season.
- C. Equipment – end of season
 - 1. Equipment check-in: Within one week following the completion of the season, all equipment will be checked in, inventoried, and stored in a designated area on the school property, as approved by the athletic director.

2. Equipment repair: After inventory, all equipment will be checked for needed repairs. All repair requests must be submitted to the athletic director.

D. Inventory

1. The head coach will accomplish inventory. Inventory will be sent to the Athletic Director's office along with the equipment request for next year.
2. The athletic department will not replace missing, non-inventoried equipment, or equipment that has been left unattended by the coach.

Financial Issues

A. Game Tickets – Cost

- SCS Students and Faculty – Free
- Adults - \$6.00
- Subject to change due to tournament play.

B. Ticket Sellers

Each coach will be responsible to schedule parents to collect money for home games.

C. Purchase of Equipment

The head coach will compile an equipment request list to include: quantity, name of the item, brand (company) name, style number, description, and all related specs. The head coach will designate a priority for each item requested. The list should be signed by the head coach and sent, along with the signed inventory, to the athletic director.

Transportation Guidelines

Transportation to & from Games

- A. Student athletes are expected to ride in the SCS van when available.
- B. Returning from away games, each player must return from the game on the school-arranged transportation, with their parents or communicate to the coach that they are riding home with someone else.
- C. Student athletes may ride with parents, or fellow students, with parent knowledge and permission, or SCS arranged transportation if needed, to home games.

Facilities

General

The Athletic Director is ultimately responsible for the cleanliness of all storage areas, office areas, and general cleanliness of locker facilities. However, in many cases, it will be the responsibility of coaches to enforce this among the players. Each coach is to ensure that the areas they access or utilize are clean after each practice or game. The coach is to inform the Athletic Director of broken or damaged equipment or facilities. If the damage appears to be due to carelessness, neglect, or other negative factors, the Athletic Director, along with the administration, will determine if corrective measures are warranted.

Student Athlete Responsibilities

- A. Represent Christ through your actions on and off the athletic field.
- B. All student athletes at SCS are subject to the school rules at all times. In addition, stricter guidelines may also apply to student athletes. For example, any student athlete known to be experimenting with alcohol, drugs, steroids, tobacco (including chewing tobacco), or vaping may be suspended from athletics for one semester.
- C. Any student athlete who is suspended from school may not participate in or attend an athletic event or practice during the duration of the suspension.

- D. The coach or the school administration may deem student athletes with frequent absences, tardiness, or discipline problems in the classroom or on the athletic field, ineligible.
- E. All student athletes are required to attend all events, practices, games, awards ceremonies, etc., during and after the season. In addition, student athletes are to arrive on time for all of the above. If a player chooses to skip a practice or a game, it will be the coach's discretion on the punishment for the student athlete.
- F. During practice and games, all student athletes are required to remain with the team at all times at all home and away events. This includes all people involved in the sport: players, statisticians, photographers, etc. A note from a parent must accompany any request to do otherwise.

Communication with Parent(s) or Guardian(s)

The Athletic Director and head coach will have a pre-season meeting with participants and parent(s) or guardian(s).

A. Parent Involvement

1. Communication with the coach
 - a. Express concerns directly to the head coach
 1. Do not attempt to confront a coach before or after a practice or game. **Please wait 24 hours before addressing a coach with any concerns.** This allows for productive and efficient communication from both parties.
 2. Parents who disregard the above wait time and location policy may be asked by the AD to not attend practices and games.
 - b. Notify the coach of pending or anticipated problems or concerns.
 - c. Discuss specific concerns in regards to the coach's expectations.
2. Issues to discuss with a coach
 - a. The treatment of a student athlete, mentally or physically.
 - b. Ways to help a student athlete improve.
 - c. Concerns about a student athlete's behavior.
 - d. Coach's philosophy and expectations for your child and the team.
 - e. Team rules and requirements
 - f. Sanctions incurred by your child
 - g. Scheduling
 - h. College Scouts
3. Issues **NOT** to discuss with a coach
 - a. Team selection
 - b. Playing time
 - c. Sport strategy
 - d. Play calling
 - e. Matters concerning other team members
4. Steps to follow if a perceived problem exists and a resolution between the parent(s) and coach cannot be reached:
 - a. Set up a meeting with the head coach and the Athletic Director
 - b. Set up an appointment with the Upper School Principal
 - c. Set up a meeting with the Head of School

B. Expectations of Parents

1. Understand and support the philosophy and objectives of the team.
2. Understand and support the expectations the coach has of the athletes and support the coach in achieving these expectations.
3. Volunteer to help collect money at home games.

4. Attend all parent meetings.
5. Volunteer to help and support the athletics in fundraising activities.
6. Insist that parents and fans support the coach through winning and losing seasons.
7. When complaints or concerns arise, allow the coach and Athletic Director time to resolve the problem and find solutions.

Investigative Procedure – Complaints Against a Coach

When a concern, complaint, or allegation is received against a coach, the SCS Athletic Director will immediately address the issue.

- A. If an allegation potentially involves sexual harassment or physical abuse, the Athletic Director will immediately notify the Head of School and Upper School Principal. The investigation will be conducted as outlined according to SCS policy.
- B. All other concerns are addressed through the Athletic Director and Upper School Principal. The Athletic Director and Upper School Principal will initiate an inquiry into the alleged problem. The Upper School Principal will inform the Athletic department in writing as to the steps taken in the probe and the conclusion reached by the school.
 1. The Upper School Principal in consultation with the Head of School will make a determination:
 - a. Is there a violation of school policy?
 - b. Was due process followed?
 - c. Were school rules broken?
 - d. Is there a pattern of behavior developing?
 2. If it is determined that a problem does exist, the Head of School will initiate remedial action that could include:
 - a. Letter of Reprimand
 - b. Growth Plan
 - c. Probation
 - d. Suspension
 - e. Termination
 3. A follow-up letter will be sent to the parent(s) or court-appointed guardian(s) by the Upper School Principal or the Head of School at the conclusion of the investigation.

If personnel action is taken against a coach, SCS will NOT inform or make a public comment about the action – Right of Privacy of school personnel.

General Athletic Information

The Athletic Awards Ceremony will be held at the end of the school year. We will recognize each team from the Fall, Winter, and Spring seasons. Awards (including trophies and letters) will only be given to those athletes who begin and finish the season.

Award Guidelines

For sports, with the exception of swimming, coaches will give the following five awards: Best Offensive Player, Best Defensive Player, Most Valuable Player, Most Improved Player, and Coach's Award.

A committee formed by the athletic director will also select the following:

- A. **SCS Male Student Athlete of the Year**
- B. **SCS Female Student Athlete of the Year**
- C. **Warrior Award**

Athletic Dress

SCS Athletic dress for ALL games will follow NCCSA guidelines for both home and away games. Coaches may have specific requirements for team members and will address this issue in team meetings. Remember that you not only represent yourself, but also your family, the school, your team, and the Lord Jesus Christ. We want to look as sharp as possible.

1. Top - Uniform tops for each team must be the same type and color.
2. Bottom - Uniform bottoms for each team must be the same type and color. Uniform bottoms should be modest, full-cut shorts with at least a 7-inch inseam. Shorts cannot be rolled up at the waist.
3. No jewelry of any kind is to be worn by student athletes during competitions or warm-ups. No nose rings, earrings, tongue rings, or necklaces are permitted.
4. Male student athletes: Hair must not give a shaggy or unkempt appearance; it must be neat, off the ears and the collar, and clear the eyebrows with sideburns no longer than the bottom of the ears. No beards or mustaches are permitted on male athletes.

Dress Code Penalty Progression:

1. The initial violation will result in an email to the offending school's athletic director and/or administrator.
2. Continued violations of the NCCSA guidelines by a team member will result in a \$100 fine to the offending school.
3. A third violation by the same team will result in a \$100 fine and suspension from postseason play by that team. This team is jeopardizing the status of the post-season play of any of its other teams. If this is the case, the athletic director and administrator will take action to protect the privileges of other teams.
4. Any further violations will result in the school being ineligible from NCCSA Athletics for the remainder of the school year.

Athletic Injuries

When your student athlete comes home complaining of an injury, your first question as a parent should be: "Did you tell the coach about this?" If the answer is yes—Great! When a student athlete gets injured, he/she needs to attend all practices unless he/she is at the doctor or rehabilitation for the injury. The coach will file an accident report with the athletic office.

Sportsmanship

All parents, coaches, and student athletes are expected to demonstrate appropriate sportsmanship at all SCS athletic events. There is a correlation between sportsmanship and positive Christian testimony. As the saying goes, "We may be the only Bible others read." This should always be considered in athletic competitions. We should strive to be Christ-like parents, coaches, and student athletes who show great sportsmanship at all times, give 100% at all times, and show a positive Christian testimony at all times on the athletic field or gymnasium.

Here are a few helpful guidelines:

1. Show respect for the opponent at all times. When opponents visit our school, they should be treated as guests, greeted cordially on arrival, given good accommodations, and accorded the tolerance, honesty, and generosity, which all human beings deserve. When visiting another school, we should be cordial and appreciative of our host. Good sportsmanship is the Golden Rule in action.
2. Show respect for the officials. The officials should be recognized as impartial arbitrators who are trained to do their job and who can be expected to do it to the best of their ability. Good sportsmanship implies the willingness to accept and abide by the decisions of the officials.

3. Know, understand, and uphold the rules of the contest. Familiarity with the current rules of the game and the recognition of their necessity for a fair contest is essential. Good sportsmanship suggests the importance of conforming to the spirit as well as the letter of the rules.
4. Maintain self-control at all times. A prerequisite of good sportsmanship requires one to understand his own bias or prejudice and the ability to prevent the desire to win from overcoming rational behavior. A proper perspective must be maintained if the potential educational values of athletic competition are to be realized. Good sportsmanship means proper behavior by all involved in the game.
5. Recognize and appreciate skill in performance regardless of affiliation. Applause for an opponent's good performance is a demonstration of generosity and goodwill. The ability to recognize quality in performance and the willingness to acknowledge it without regard to team membership is one of the most commendable gestures of good sportsmanship.

Technical Fouls, Red Cards, and Ejections

A student athlete, who receives a technical foul, will be required to attend a coaches' meeting with the athletic director to explain his/her actions. The coaching staff will use this opportunity to instruct the student athlete in the area of self-control and in personal and team testimony.

In the case of repeated offenses, a strategy will be developed by the staff to assist the student athlete in the development of self-control. This may result in suspension from a team or suspension for a limited number of games

A student athlete that is ejected from a game will be required to sit out the following game, and a coach that is ejected from a game will not be allowed to coach or attend the following game. Both the student athlete and coach will be required to meet with the athletic director to discuss the ejection before returning to play.

Parent Guide

Parent Meetings

Parents of student athletes may be required to attend the athletic policy meeting for an individual sport. These meetings will be informational and cover the athletic department policies. Meetings are held in the Fellowship Hall at the middle/high school campus. Dates and times will be announced well in advance.

Concession and Gate Responsibilities

All student athlete's parents will be encouraged to work during the games either helping with the gate or the concessions stand. Each student athlete's parent is asked to volunteer and will be assigned a time to be there. Please help the athletic department by coming at your scheduled time. If there is a conflict, please call another parent to switch with you and let us know about the change 24 hours in advance, when possible.

Sports Pictures

Individual and team sports pictures will be available online from the photographer. Picture dates will be announced in advance and will be during the school day.

Closing Statement

The Southside Christian School Athletic Handbook has been written to provide clear guidelines for our coaches, parents, and student athletes alike. We have written these policies with the intention of furthering the athletic program that is currently in place at Southside Christian School. The Southside

Christian School Administrative team reserves the right to amend, remove and/or add policies within the handbook as the school year progresses and as various situations present themselves.